

Now continue along the yellow tourist trail down a tree-lined alley, till you find without fail

the "Świetlana" guesthouse on a little hill. A bridge across from it. Use your eyes and skill to find a forest gateway beyond the stairs you know, and marvel at local nature. It is time to go

into the Spring Forest Park, a gem that's truly rare. One of Poland's largest, by that statement we can swear. Pick another trail colour. This time it will be blue. You've made it to Mount Kicarz – the map says. Good for you.

Stop for a while at the first bridge. Just look around. The beauty of the vista everyone astounds. Once you've filed it for a memory of your own, Look down and seek out a wall made of stone.

How many stones are prominent? Count them. There are 14

Put down your answer. Soon you will arrive At the next bridge. Not far now to the finishing line, the trail unravelling like a ball of twine.

Have you read the Polish words in our Piwniczna quest? Paryja for a steep slope, and drapa is the best Black Highlander name for the Bystra peak. Once you hear them, know this: it's the local speak.

Once you reach the end of the forest road, take a left again, let your pace be slowed at the intersection, and look to the woods: An outline of an old ski jump. That's where it stood.

Go ahead and walk in the former direction, You're about to reach the final Treasure section! Just a few steps upwards to the end of your Quest – Each year the "Limba" welcomes many guests.

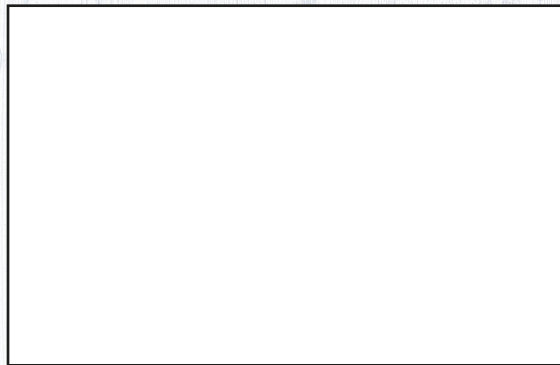
Pass the sanatorium gate now without delay, to recite the answer you built along the way. This password you will to the reception bring: Welcome, dear visitors, to



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16	17	18	19	20	21	22								



Treasure (stamp):



Fundacja Mapa Pasji



Zdobytą odznakę
PTTK Questy –
Wyprawy Odkrywców



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QUEST- Wyprawa Odkrywców

A Walk Around the Springs of Piwniczna



Theme:

The quest trail around Piwniczna-Zdrój will take you around key locations associated with the health resort and its history. The walk includes local nature- and culture-related snippets of the town's fascinating story.

How to search for treasure:

Go to Start. Read all clues. Solve all riddles. Once you reach the end of the itinerary, you will have an answer leading you to the treasure – a commemorative stamp!

Start line:

The walk begins at Krynicka No. 6, next to the parking lot of the "OGNIWO" Sports Club in Piwniczna-Zdrój. GPS: 49.43365, 20.71068

Walking time: approx. 2 h



Discover the treasures of Poprad highlanders!

Also referred to as Black highlanders, Poprad highlanders live in the River Poprad Valley near Piwniczna-Zdrój and Rytro, mountain hamlets included. This is the only region where men wear black hołošnie (trousers), parzenicas replaced with red trouser stripes as protection against malicious intent.



Beautiful the surroundings – yet you should not dally.
Up the River Poprad, pick any of the alleys.
Beyond the park near the sports field there are many trees,
behind them – a yellow building, its signage with these
letters upon it: DOM
 22 6

- Children's Holiday Home! It opened in the 1940s.

